

In early 1991, after a lifetime of drug and alcohol abuse and jails and prisons, Dave Dubroff cleaned up and began to explore a concept that had always intrigued him—“being high on life”.

Dave's secret lifelong dream of becoming a comic now took center stage in his life. After 18 months of practicing counting to 12, he began to believe in himself. The message we hear in certain rooms has become his reality— that if we follow suggestions, and work hard while maintaining given principles— we will find ourselves living a life beyond our wildest dreams.

Dave pushed further past his fears and asked recovery comic Mark Lundholm for help in pursuing his dream. Mark graciously took Dave under his wing and brought him along with him to do some shows at treatment centers. Within a year, Dave was headlining at 12-step fundraisers and conventions all over the country. He was



having the time of his life! This all continued until 2003, when Dave developed several debilitating health problems, making it impossible for him to continue performing. It looked like his dream-come-true career had ended.

After five grueling years of surgeries and physical therapy, Dave realized that his continuing belief that his career was over was based on irrational fear. The only thing stopping him from returning to the stage were the fear-mongering voices in his head telling him he could not perform with the disabilities he had developed. In 2009, he was finally successful in silencing these "voices", and returned to his beloved career.

Today, Dave wheels out on stage with the assistance of a walker, and refers to himself as a "lean-up comedian." Many of those who love his performances feel more than a little inspired at how Dave carries on with his dream despite countless reasons to give up. Many of his audience members are left asking themselves, "If he can do that with all of his obstacles, what's stopping me?"

Dave has a steadfast desire to carry the message through his work. He believes his material needs to reflect his recovery. Furthermore, he refuses to work nightclubs or anywhere where alcohol, or any drug for that matter, are served or readily available. "I want to be part of the solution, not the problem", he says.

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